

A HAPPY  
NEW YEAR

Calhoun County Schools  
Prek—5 Lunch Menu - - - January 2010



Monday	Tuesday	Wednesday	Thursday	Friday
<p>Ability will enable a man to go to the top, but it takes character to keep him there.</p>				<p>1  New Year's Day</p>
<p>4  Evaluation Day</p>	<p>5  Hot Dog Mac and Cheese Green Beans Mixed Fruit</p>	<p>6  Chili w/ Beans and Grilled Cheese Sandwich Carrot Sticks w/ Ranch Dressing</p>	<p>7  Chicken and Rice Orange Glazed Carrots Diced Pears W/W Roll</p>	<p>8  Cheese Pizza Garden Salad Fruit</p>
<p>11  Chicken Nuggets Mashed Potatoes Whole Kernel Corn Flavored Apple Sauce</p>	<p>12  Cheese Burger Baked Potato Wedges Green Beans Brownie</p>	<p>13  Lima Beans and Ham Turnip Greens Fruit Cup Corn Bread</p>	<p>14  Oven Fried Chicken Rice w/ Gravy Garden Peas W/W Roll Mixed Fruit</p>	<p>15  Pepperoni Pizza Garden Salad Fruit</p>
<p>18  MLK Holiday  </p>	<p>19  Spaghetti w/ Meat Sauce Garden Salad Diced Pears Garlic Bread Stick</p>	<p>20  Beef Vegetable Soup w/ Grilled Cheese Sandwich Carrot Sticks w/ Ranch Dressing Homemade Cookie</p>	<p>21  Chicken Barbeque Sandwich Baked Potato Wedges Fresh Fruit</p>	<p>22  Cheese Pizza Garden Salad Fruit</p>
<p>25  Grilled Chicken Sandwich Baked Potato Wedges Garden Salad</p>	<p>26  Turkey Roast W/ Rice and Gravy Green Beans Mixed Fruit W/W Roll</p>	<p>27  Corn Dog Nuggets Mac and Cheese Green Beans Fresh Fruit</p>	<p>28  Baked Ziti Broccoli/Cauliflower Polanaise Garlic Bread Stick Fresh Fruit</p>	<p>29  Pepperoni Pizza Garden Salad Fruit</p>

Choice of Lowfat White, Chocolate, or Strawberry Milk Offered Daily  
Lunch Prices: Paid \$1.75 (Pre-K—5th) and \$2.00 (6th—12th) Reduced \$.40

Mission Statement: Our mission is to maintain a connection between sound nutrition and successful learning by providing the highest quality food and service possible. We are committed to creating a program to nourish and educate the hearts, minds and body of children while serving healthy, delicious breakfast and lunch each day in a warm and friendly atmosphere.

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