



# Calhoun County Schools

## BES Breakfast Menu - - - December 2009

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1</b> Ham and Cheese Grits Pumpkin Muffins or Assorted Cereal w/ Buttered Toast Assorted Juice	<b>2</b> Sausage/Egg Biscuit Tater Tots or Assorted Cereal w/ Buttered Toast Assorted Juice	<b>3</b> Scrambled Eggs Cheese Grits Buttered Toast or Assorted Cereal w/ Buttered Toast Assorted Juice	<b>4</b> W/W Pancakes w/ Syrup Link Sausage or Assorted Cereal w/ Buttered Toast Assorted Juice
7  Assorted Cereal w/ Buttered Toast Assorted Juice	8  Waffle w/ Syrup Sausage Patty or Assorted Cereal w/ Buttered Toast Assorted Juice	9  Ham and Egg Biscuit Tater Tots or <b>Assorted Cereal w/ Buttered Toast Assorted Juice</b>	10  Cheese Toast w/ Cheese Grits or <b>Assorted Cereal w/ Buttered Toast Assorted Juice</b>	11  French Toast Sticks w/ Syrup Sausage Patty or Assorted Cereal w/ Buttered Toast Assorted Juice
14  <b>Assorted Cereal w/ Buttered Toast Assorted Juice</b>	15  Pancake/Sausage on a stick w/ Syrup Or <b>Assorted Cereal w/ Buttered Toast Assorted Juice</b>	16  Cheese Toast w/ Ham and Grits or <b>Assorted Cereal w/ Buttered Toast Assorted Juice</b>	17  <b>Sausage and Egg Biscuit Potato Tots or Assorted Cereal w/ Buttered Toast Assorted Juice</b>	18  Waffle w/ Syrup Link Sausage or <b>Assorted Cereal w/ Buttered Toast Assorted Juice</b>
21	22	23	24	25
<i>Christmas Holidays</i>				
28	29	30	31	
<i>Christmas Holidays</i>				

Choice of Lowfat White, Chocolate, or Strawberry Milk Offered Daily  
 Breakfast Prices: Paid \$1.00 (Pre-K—12th) Reduced \$.30



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