



Calhoun County Schools Breakfast Menu - - - October 2009

Monday	Tuesday	Wednesday	Thursday	Friday
<div style="border: 1px solid black; padding: 10px; width: fit-content; margin: auto;"> <p>Those who bring sunshine to the lives of others cannot keep it from themselves.</p> </div>			1 Sausage Egg and Biscuit Potato Tots Assorted Juice	2 Cheese Toast Grits w/ Ham Cubes Assorted Juice
5 Assorted Cereal w/ Buttered Toast Assorted Juice	6 Cheese Eggs w/ Potato Tots OR Buttered Toast Assorted Juice	7 Ham and Cheese Grits Banana Muffin Assorted Juice	8 Waffle w/ Syrup Sausage Assorted Juice	9 Sausage Gravy and Biscuit Assorted Juice
12 Assorted Cereal w/ Buttered Toast Assorted Juice	13 Pancakes w/ Syrup Sausage Patty Assorted Juice	14 Scrambled Eggs and Potato Tots w/ Buttered Toast Assorted Juice	15 Cheese Toast Grits w/ Ham Cubes Assorted Juice	16 French Toast Sticks and Sausage Link OR Assorted Juice
19 Assorted Cereal w/ Buttered Toast Assorted Juice	20 Scrambled Egg w/ Cheese and Grits OR Buttered Toast Assorted Juice	21 Waffle w/ Syrup Sausage Assorted Juice	22 Grits w/ cheese Toast Ham Assorted Juice	23 Sausage Gravy and Biscuit Assorted Juice
26 Assorted Cereal w/ Buttered Toast Assorted Juice	27 Sausage and Egg Biscuit Potato Tots Assorted Juice	28 Pancakes w/ Syrup Sausage Assorted Juice	29 Cheese Eggs w/ Potato Tots OR Buttered Toast Assorted Juice	30 French Toast Sticks and Sausage Link Assorted Juice

Choice of Lowfat White, Chocolate, or Strawberry Milk Offered Daily
 Lunch Prices: Paid \$1.75 (Pre-K—5th) and \$200.00 (6th—12th) Reduced \$.40

Mission Statement: Our mission is to maintain a connection between sound nutrition and successful learning by providing the highest quality food and service possible. We are committed to creating a program to nourish and educate the hearts, minds and body of children while serving healthy, delicious breakfast and lunch each day in a warm and friendly atmosphere.



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