

BES Tiger Tracks

Homework Help

Set the mood.

Help your child concentrate by providing a study area that is :

- well lit
- organized and clean
- quiet and away from distractions such as TV
- close to you or another family member in case your child has questions

Make it routine.

It will help your child get down to work if you follow the same routine.

- Have your child study in the same area each day.
- Help your child decide the best time for him or her to study most days.
- Schedule breaks so your child can stretch or eat a healthy snack.

Your child may need some down time after school before beginning homework. So ensure your child gets at least 20-30 minutes to relax or play before starting homework.

Stock up on supplies.

For example provide:

- pencils
- highlighters
- crayons or colored pencils
- paper
- tape
- scissors
- ruler

a dictionary or thesaurus

Be Positive.

Help keep your child motivated about homework by:

- Talking about the importance of homework.
- Being supportive of a good effort.
- Giving praise when homework is completed.
- Rewarding a job well done (by offering your child a favorite treat or by doing something fun together as a family).