

Calhoun County Schools Lunch Menu December 2008

Monday	Tuesday	Wednesday	Thursday	Friday
1 Shrimp Poppers Or Corndog Baked Potato Wedges Pears	2 Fish Sticks Or Chicken Patty Baked Potato Tots *Fresh Apple	3 *Spaghetti with Meat Sauce Or Hot Turkey & Cheese Sandwich Green Beans *Tropical Fruit	4 Baked Pork Cube Steak Or Salisbury Steak Mashed Potato w/ Gravy Collard Greens Cornbread	5 *Pepperoni Pizza or Hot Ham & Cheese Sandwich *Baked Potato Wedges *Fresh Apple
8 *Breaded Chicken Nuggets Or Turkey Sandwich *Mixed Vegetables *Banana *Chocolate Pudding	9 <u>Casa Amigo!</u> *Beef & Turkey Taco Or Grilled Cheese *Fiesta Rice *Mexican Corn *Peaches	10 Hot Dog Or *BBQ Riblet Sandwich *Coleslaw *Peaches	11 Chicken Noodle Soup with Grilled Cheese Or Ham Sandwich Carrots Pears	12 *Sausage Pizza or Crispy Chicken Wrap *Tossed Salad w/ Dressing *Fresh Apple
15 Chicken Patty on a bun Or Sloppy Joe on a Bun Baked Fries Broccoli	16 *Beefaroni w/ Fresh *Baked Whole Wheat Roll Or Ham & Turkey Sub *Seasoned Green Beans *Chilled Peaches	17 *Hamburger on a bun Or Pepperoni Wrap *Tossed Salad w/ Dressing *Fresh Apple	18 Beef Ravioli in Meat Sauce w/ WW Roll Or Meatball Sub California Blend Vegetables Mixed Fruit	19 *Cheese Pizza or Bologna & Cheese Sandwich *Carrot Sticks w/ Ranch Dressing *Diced Pears
22 Happy Holidays	23 Happy Holidays	24 Happy Holidays	25 Happy Holidays	26 Happy Holidays
29 Happy Holidays	30 Happy Holidays	31 Happy Holidays		

Choice of Lowfat White, Chocolate or Strawberry Milk Offered Daily

Lunch Prices: Paid \$1.75 (Pre-K – 5th) and \$2.00 (6th – 12th) Reduced \$.40 (note: K-2 will receive the first entrée listed)



An asterisk(*) denotes components of Balanced Choices meals that meet strict nutrient parameters for calories, fat, saturated fat, cholesterol, fiber, sodium, and other key nutrients. All Balanced Choices meals include a choice of 1% white milk.



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